

School-Based Grief Support

Blue Ridge Care can provide a variety of services to assist you in meeting the needs of grieving students.

OUR GRIEF SUPPORT COUNSELORS ARE ABLE TO:

- Provide individual grief support in the school
- Provide small group grief support counseling in a way that supports you best, such as
 - Co-facilitating a grief-focused small group for elementary students (Imprints)
 - Co-facilitating a grief informed table top role playing game group for middle and high school students
 - Facilitating a single session to fit into your existing grief group (board-certified music therapists can also be included in session)
- Assist with crisis response following a student or staff member death
- Provide staff support (individual or group) following a death
- Share materials related to grief and loss
- Collaborate in planning a grief intervention, even if we are not involved in facilitating

BLUE RIDGE CARE GRIEF SUPPORT SERVICES

The mission of Grief Support Services is to provide caring and compassionate grief support to members of our community who have experienced the death of a loved one. As specialists in grief, trained at the master's level, we support those who have experienced a loss in hospice care, as well as anyone in our community affected by death, dying, and grief. We serve all ages through a variety of services including grief counseling, support groups, educational workshops, children's grief programs, telephone outreach, and resource materials. We provide our programs at no cost to our community partners.

Want to learn more?

Please contact **Tina Thomas**, Children and Families Grief Support Coordinator.



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 **Center for Hope & Healing**

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